

Highlights of the RD Clinical Review.

Nutrition Instructor: Melinda Dennis, MS, RD, LDN

Guest Lecturer: Dr. Kim Newton

Three and a half hours of clinical review and case study/group work on celiac disease and non celiac gluten sensitivity (3.5 CEUs)

Tea-time break and short introductions from our selected sponsors; gluten-free samples, products and resources to take home and share with your patients.

Q & A time with both speakers.

Diagnosis and Screening:

Clinical distinction between celiac disease and non-celiac gluten sensitivity; role of genetics and antibody testing in diagnosis; persistent medical concerns in celiac disease

Nutrients and Supplement Selection

Recommendations from Evidence Analysis Library and clinical experience on lab testing; and follow-up; common symptom/other complaints in clinic, including weight gain; key nutrients for children and adults, supplement needs and preferred formulations

The Gluten-Free Diet – A Balancing Act:

Advising your patients on key nutrient deficiencies in the diet and how to resolve them; brief overview of role of gluten-free grains, labeling laws and the concerns around the existing caveats; reputable resources to guide you and patients

Case Study:

Review of some of the increasingly common comorbidities seen in celiac disease which RDs are called upon to address – SIBO, fructose malabsorption, etc, review/monitoring key labs; Highlights from the 2014 International Celiac Disease Symposium