

GLUTEN-FREE WELLNESS RETREATS



October 23-25, 2015
Riverside Inn Bed & Breakfast (Gluten Free Inn)
Intervale, NH

9 hours of hands-on
intensive nutrition instruction
for you and 8 CEUs for RDNs

- 15 years' experience in nutritional counseling on celiac disease and gluten-related disorders
- Nutrition Coordinator of the Celiac Center, Beth Israel Deaconess Medical Center, a teaching hospital for Harvard Medical School
- Nutrition Advisor to the New England Celiac Organization
- Co-author/Editor of *Real Life with Celiac Disease*

January 29-31, 2016
Center for Spiritual Renewal
Santa Barbara, CA

TWO HIGHLY EDUCATIONAL
GLUTEN-FREE WELLNESS RETREATS
LED BY EXPERT CELIAC DIETITIAN,
MELINDA DENNIS, MS, RDN

Her annual retreats consistently sell out.

REGISTRATION:

DELETETHEWHEAT.COM

Contact Melinda

(617) 851-8643

melindard@deletethewheat.com

GF gourmet food to meet your dietary needs, nutrition handouts, cooking demos, product recommendations, massage, yoga, hiking, many hand-picked samples, and more.



Please support Melinda's
invited program sponsors!

